

**The Manor
House Hotel**

**The
Ashbury
Hotel**

**The Only Sport, Craft & Spa
Hotels in the UK**

24.8 Mile Cycle Trail

ROADFORD

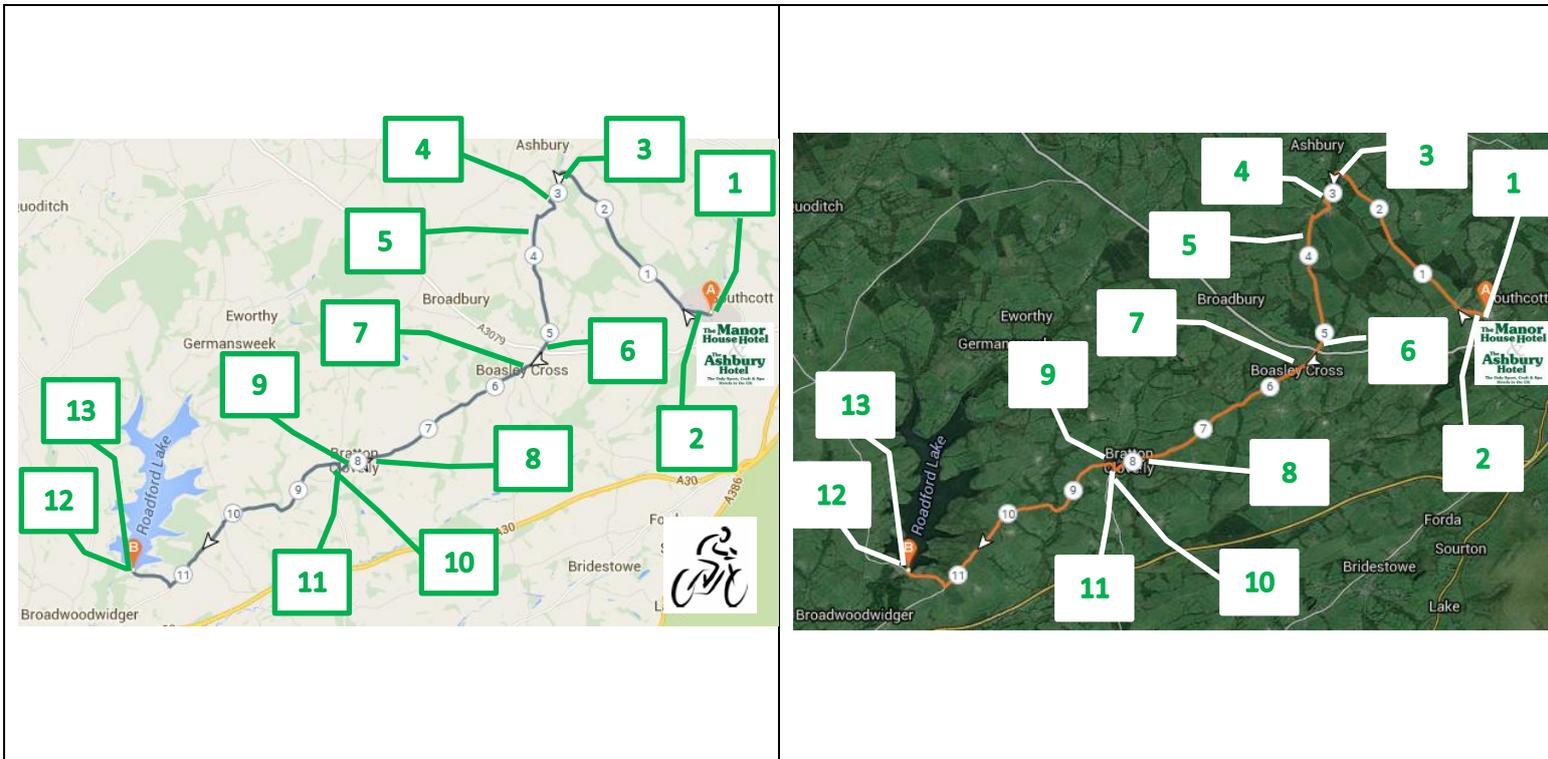


DIRECTIONS TO ROADFORD

| | Distance | Marker Point | General Information |
|---|------------|---------------------|---|
| ① | 0.0 Miles | Ashbury Golf Hotel | From the Ashbury Hotel Reception Head West to the end of the Driveway |
| ② | 0.4 Miles | TURN RIGHT | At the Ashbury Driveway Entrance, next to the Hotel Sign turn right. (Heading North West) |
| ③ | 2.8 Miles | TURN LEFT | Just after the crossroads labelled Broomhill Cross there is another Junction. Turn Left Here just above the River Lew valley. |
| ④ | 3.0 Miles | Wadland Barton Farm | Carry on through the farm on the tarmacked road. |
| ⑤ | 3.5 Miles | Wigdon Mill | Another marker point, Wigdon Mill should be on your right hand side as you climb the hill. |
| ⑥ | 5.4 Miles | Straight On | Verndown Gate signals the end of this lane. Carefully head straight over the junction intersecting the A3079 |
| ⑦ | 5.8 Miles | Boasley Cross | The start of Boasley Cross is signalled with the Primary School on the Right Hand Side of the road |
| ⑧ | 8.1 Miles | Bratton Clovelly | The village of Bratton Clovelly is your next marker starting in the bottom of the valley and climbing up the hill |
| ⑨ | 8.5 Miles | TURN RIGHT | Bratton Clovelly Church signals a right hand side turn. |
| ⑩ | 8.6 Miles | TURN LEFT | Opposite the Clovelly Inn, although this may be an ideal time for some respite! |
| ⑪ | 8.7 Miles | Parish Hall | The Parish Hall of Bratton Clovelly can be seen as you climb the hill out of the village |
| ⑫ | 11.5 Miles | TURN RIGHT | Into the car park of the reservoir. |
| ⑬ | 11.5 Miles | Roadford Reservoir | Roadford marks the end of this part of the journey. |

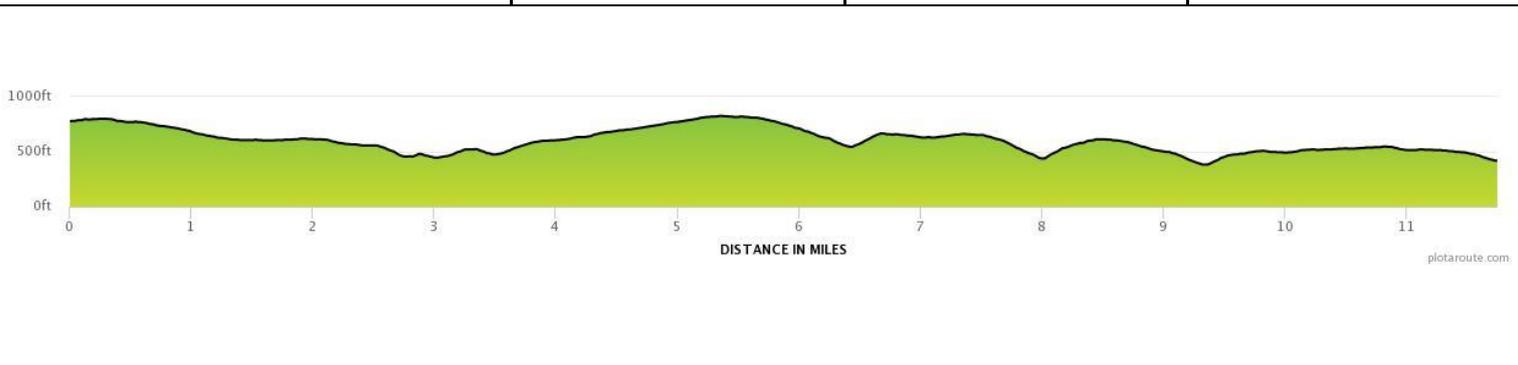
MAPS OF ROUTE TO ROADFORD

ASHBURY HOTEL – VENN – BOASLEY CROSS – BRATTON CLOVELLY – ROADFORD LAKE



Route Information at a Glance

| | | | |
|-----------------|----------------------------|-------------------|----------------------------|
| Distance | 11.744 miles | Total Ascent | 1040 feet |
| Lowest Point | 383 feet (at 9.32 miles) | Highest Point | 826 feet (at 5.35 miles) |
| Uphill | 3.82 miles (32.5%) | Downhill | 4.90 miles (41.7%) |
| Flat | 3.02 miles (25.7%) | Max. Height Gain | 442 feet |
| Steepest Uphill | +13.3% (at 6.52 miles) | Steepest Downhill | -13.3% (at 2.67 miles) |
| Longest Uphill | 1.86 miles (at 3.50 miles) | Longest Downhill | 0.97 miles (at 0.54 miles) |



THE ASHBURY HOTEL, HIGHER MADDAFORD, SOUTHCOTT, OKEHAMPTON, DEVON. EX20 4NL – 01837 55453

ROADFORD LAKE



The waymarked cycle trails at Roadford have many different users including older people and people with mobility problems who find the level surface ideal for their use. Please be considerate to all other users of the trails.

The Roadford Roller is two way for most of its distance. The final loop should be ridden in an anti-clockwise direction (follow the green arrows).

On the Roadford Rollercoaster cyclists should ride in an anti-clockwise direction through the woodland (follow the blue arrows).

Expect the unexpected, dogs and children enjoy this site. When cycling please warn other users of your approach and pass slowly.

The waymarked cycle trails are permissive by consent of the landowner and are not a public right of way.

ROADFORD ROLLER

GREEN GRADE (Easy) 2.5KM (1.5 MILES) 0.5 - 1hr

Start behind the visitor centre and follow the green arrows along the lakeside before heading into the woodland and looping around back home. There are fantastic vistas across the lake, wooded sections and plenty of places to stop and admire the view. One reasonably steep climb and one descent. This trail is multi-user and two-way for most of its length, so you'll need to be aware of walkers, pushchairs, dogs and wheelchairs on the path. Please ride considerately.

ROADFORD ROLLERCOASTER

Blue GRADE (Moderate) 3KM (1.8 MILES) 0.5 - 1hr

Start behind the visitor centre and follow the green arrows. Where the green trail meets the blue trail follow the blue arrows to venture into the woods for a deeply forested cycling adventure. A narrow trail with tight twists and turns, climbs and descents, and weaving through dense woodland, this is a true taste of adventurous off-road cycling. You can easily loop around to ride this trail as many times as you wish. Suitable for more confident cyclists only. One long climb and one long descent.

With over 730 acres of water, Roadford Lake has a genuine offer of something for everyone. It's a place where you can walk, fish, sail and cycle, or simply just relax with a good cream tea!

Walking and Bird Hide

There are many miles of paths following the shorelines of the lake, meandering through woodland. There are 5 way marked walks ranging from 0.5m/0.75km to 2.5m/4km. There are lots to see including the cob shelter, bird hide and Jubilee Sundial. There is also a wealth of wildlife to watch and discover whilst enjoying the stunning lake views.

Jubilee Sundial

The County of Devon commemorated HM The Queen's Diamond Jubilee with a striking 6m stainless steel sundial at Roadford. The six stainless steel pieces represent the six decades of Her Majesty's reign and are surrounded by granite time pieces. A must visit feature of the County.

Café and Gift Shop

- Open daily, Monday to Thursday & Sundays 10.00am until 5.00pm, Friday and Saturday 10.00am until 9.00pm (late opening until 5 September).
- Delicious homemade meals and cakes.

POINTS OF INTEREST

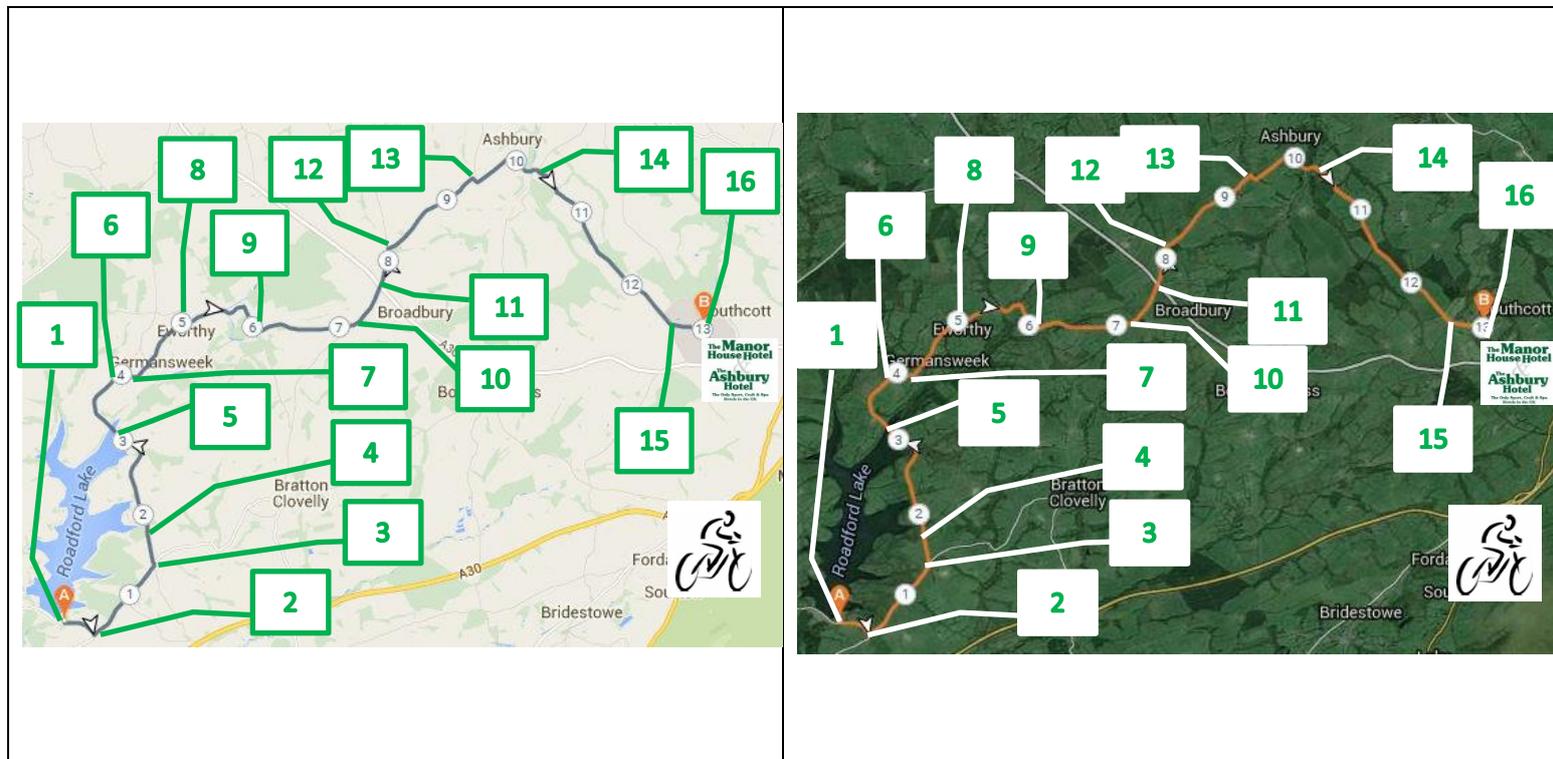
| Distance | Point of Interest | General Information |
|------------|--------------------------|--|
| 2.3 Miles | Ashbury Plantation | The plantation to your left |
| 3.0 Miles | Wadland Barton | Wadland Barton is another area that is steeped in the rich local history with records ranging back to 1297. An "E Shaped" Manor House was erected on the site in 1664, sadly this building is no longer present but a stone outside the current building is inscribed 1685. From the valley around the farm you can clearly see Yes Tor and High Willhays, two of the highest peaks on Dartmoor. |
| 3.5 Miles | Wigdon Mill | Wigdon Mill was one of three main water powered mills in the area. They were a necessary feature of village life servicing the community and the local livestock by producing flour and grain. |
| 8.1 Miles | Bratton Clovelly | Bratton Clovelly lies to the West of the Upper Reaches of Dartmoor. It is a delightful, small and quiet Farming Community with a history dating back to 1086 when it was referred to in the Domesday Book |
| 8.5 Miles | Bratton Clovelly Church | At the centre of Bratton Clovelly lies the Norman featured Church. This incarnation has in parts been dated to the Early English era while many changes were made in 1375. The original building is rumoured to be on the same site but excavation is not possible as it is in the graveyard. Of note the oldest part of the building is rumoured to be the step into the porch area. This step has Roman Engravings on the end and was thought to have been a memorial stone in the original building. |
| 8.6 Miles | The Clovelly Inn | The next marker is The Clovelly Inn. From the architecture you can tell that it is not as historically significant as the church but the prominent position within the village itself tells another story! The Clovelly Inn offers Good food and Good drink if you wish to stop along your route. Opening times are 12 - 3, then 6 - 11 on weekdays and all day on the weekends where you can sit in the 18th Century pub (the oak lintel above the fire is actually inscribed 1789) and enjoy the peaceful bliss of Country Life! |
| 11.7 Miles | Roadford Reservoir | Fed by the River Wolf this Reservoir was completed in its current format in 1989. Previously the lake had been a third of the size smaller but in 1984 a drought indicated that it was necessary for an expansion. When full the lake contains 8,140 million gallons of water, and covers an area of 1.9 square miles! The Lake signals the end of this part of the cycle route, and offers much more if you choose to, activities around the lake include; Water Sports (Canoeing, Windsurfing and Kayaking), High Ropes, Indoor Climbing Facilities and a designated cycle path around the outside. The café is open from 10 – 5 every day (except December 25 th – January 1 st) and has late evenings on Fridays & Saturdays through the summer. |
| 1.7 Miles | Roadford Forest | Another entranceway into Roadford Lake and a beautiful place to stop and eat lunch. Roadford Forestry offers spectacular vantage points over the lake. |
| 3.1 Miles | Roadford Bridge | The bridge over the Reservoir offers panoramic views that on a clear day are breath-taking. The vast body of water can truly be appreciated from here. |
| 4.2 Miles | Germansweek | The rural nature of Germansweek has meant that its population has declined since its peak in the early 1800's (450 parishioners) until now where it has approximately 160 persons inhabiting the hamlet. Needless to say this doesn't detract from the beauty of this village! |
| 4.9 Miles | Eworthy Methodist Church | Built in 1863, which is confirmed by the window atop of the building, this church still functions for the Parish. It is rumoured that it cost only £247 to build! |
| 8.1 Miles | Ashbury Station | Opened in January 1879 this station serviced the Ashbury and Northlew community wishing to travel either to Bude or Okehampton. It became defunct in 1967 and has subsequently been changed into a dwelling but original features, especially the platform can be seen on either side to this day. |
| 10.0 Miles | Ashbury Church | St Marys Church of Ashbury was originally built in the 1300's, sadly the only original features left are the foundations as it was pulled down and rebuilt in 1871. Financed by the Wollacombe family it is now redundant, None the less it is kept in a good state or repair for Public Access should you wish to investigate a little more. |

DIRECTIONS BACK TO ASHBURY

| | Distance | Marker Point | General Information |
|---|------------|--|---|
| ① | 0.0 Miles | Roadford Reservoir - TURN LEFT | From the car park turn left, back the way you came |
| ② | 0.4 Miles | TURN LEFT | Climb the hill from the car park and turn left, signposted Bratton Clovelly 2.5 miles. (Heading South) |
| ③ | 1.4 Miles | TURN LEFT | Towards Germansweek signposted 2.5 miles. |
| ④ | 1.7 Miles | STRAIGHT ON | Roadford Forestry is on your left. This offers another vantage point of the lake and a picnic area if you wish to stop now! |
| ⑤ | 3.1 Miles | STRAIGHT ON | A marker point along the way is the bridge over the Reservoir itself |
| ⑥ | 3.9 Miles | TURN RIGHT | At "The Parsonage" turn right towards the village of Germansweek. |
| ⑦ | 4.2 Miles | STRAIGHT ON | Through the village of Germansweek and towards Eworthy. |
| ⑧ | 4.9 Miles | STRAIGHT ON | Ignoring the right hand turn in to Eworthy itself so you pass the Methodist Church |
| ⑨ | 6.1 Miles | STRAIGHT ON | Follow the road you are on to the left hand side, ignoring the junction for Bratton Clovelly. |
| ⑩ | 7.4 Miles | TURN LEFT | At the end of the single track lane turn left. |
| ⑪ | 7.7 Miles | STRAIGHT ON | Over the A3079 at Castle Cross. We chose this crossing due to it being more open with slower moving traffic on the A road that said, TAKE CARE WHILE CROSSING! |
| ⑫ | 8.1 Miles | STRAIGHT ON | Marker Point - The old Ashbury Railway Station is viewable from this humped back bridge! |
| ⑬ | 9.4 Miles | TURN RIGHT | At Bogtown, a right hand side turn is needed. If you miss the turning you will go around a sharp left hand corner which will lead you to Northlew! |
| ⑭ | 10.5 Miles | STRAIGHT ON | The next marker is the Ashbury Church on your left as you descend this steep hill. |
| ⑮ | 12.7 Miles | TURN LEFT | The last turn bringing you back onto the Ashbury Hotels Driveway |
| ⑯ | 13.0 Miles | FINISH!!! | You should now find yourself back at the Ashbury Hotel. Time to relax, eat and sleep after a very productive day! Don't forget to check out the other rides though! |

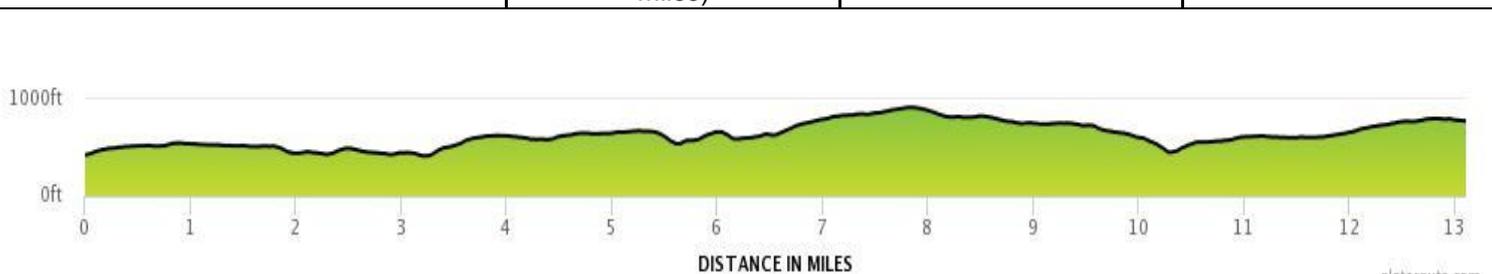
MAPS TO RETURN TO ASHBURY

ROADFORD LAKE – GERMANSWEEK – EWORTHY – ASHBURY STATION – BOGTOWN – ASHBURY HOTEL



Route Information at a Glance

| | | | |
|-----------------|-----------------------------|-------------------|----------------------------|
| Distance | 13.105 miles | Total Ascent | 1433 feet |
| Lowest Point | 413 feet (at 3.22 miles) | Highest Point | 915 feet (at 7.81 miles) |
| Uphill | 5.39 miles (41.1%) | Downhill | 3.80 miles (29.0%) |
| Flat | 3.91 miles (29.9%) | Max. Height Gain | 502 feet |
| Steepest Uphill | +13.3% (at 3.30 miles) | Steepest Downhill | -16.7% (at 5.52 miles) |
| Longest Uphill | 0.88 miles (at 10.31 miles) | Longest Downhill | 0.76 miles (at 9.54 miles) |



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ASHBURY - ROADFORD LOOP

